

Collaboration

LEA EIGARD SIMA COHEN



*Lea Eigard and Sima Cohen
offer an exclusive opportunity to
extrinsically and intrinsically radiate beauty.*



As many of you know, the **The Eigard Method** is focused on providing a firmer face and a healthy, hassle free, safe way to achieve ageless beauty. The program aims toward the reversal and prevention of the signs of aging upon your neck and face areas naturally, all while helping to rebuild and strengthen underlying muscle tissue. This process leaves you with youthful, healthy, and glowing skin.

THE EIGARD METHOD

www.leaeigard.com

Sima's Transform Method (STM) is built upon 3 elements: Self, Sweat and Substance. This collaboration has come to life because Lea has felt extraordinary results transforming her health and body. Lea and Sima desire for you to become the best you can be. Sima is a nutritionist and personal trainer transforming bodies for over 2 decades! Her method provides a plan catered toward your personal needs.

www.simacohen.com

enhance
your beauty
throughout the body.