



LIFESTYLE & SOCIETY

DLrevAMP Partners with Celebrity Personal Trainer Sima Cohen; Cohen Creates Customized Five-Day Workout Guide for Detox Program



DLrevAMP, the first USDA Certified Organic, plant based food detox delivery program has partnered with Celebrity Certified Personal Trainer, Nutritionist and Life Coach Sima Cohen to bring a five-day workout guide to the detox program. Sima has a background in nutrition and detox and knows firsthand how to design an exercise routine to complement DLrevAMP. The five-day workout guide will be sent out to every DLrevAMP [PR.com]

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